Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 08:00 untill 08:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Kozulya Mila

Coaches: Gavriilakis Melanie

Coaches: Collen Rutger

Coaches: Broux Yves

Coaches: Diaz Jordi

Coaches: Smeets Mirthe

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 100M BREASTSTROKE MEN 11-14 — Heat:1, starttime: 09:00

Heat: 1/4 Lane : 5 Athlete: CONINX GUY — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11-14 — Heat:1, starttime: 09:00

Heat: 1/4 Lane : 6 Athlete: QUENIS ROB — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11-14 — Heat:2, starttime: 09:03

Heat: 2/4 Lane : 5 Athlete: VANDEBROUCK ARNO — **Q-time: 01:51:99**

PB (50m pool): 01:51.99 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:48.20 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:54.13	01:51.99	
	00:54.13	*00:57.86*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 1: 100M BREASTSTROKE MEN 11-14 — Heat:3, starttime: 09:06

Heat: 3/4 Lane : 2 Athlete: PANNEMANS WOUTER — **Q-time: 01:46:51**

PB (50m pool): 01:46.51 SportinGenk Park 11/11/2025 **PB (25m pool):** 01:54.94 **SB:** no time

	5 0 M	1 0 0 M	
PB	no time	01:46.51	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11-14 — Heat:3, starttime: 09:06

Heat: 3/4 Lane : 6 Athlete: POORTERS ARNE — **Q-time: 01:45:52**

PB (50m pool): 01:42.13 Antwerpen 12/07/2026 **PB (25m pool):** 01:39.93 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:49.01	01:42.13	
	00:49.01	*00:53.12*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11-14 — Heat:3, starttime: 09:06

Heat: 3/4 Lane : 8 Athlete: ILGAZ EMRE — **Q-time: 01:49:54**

PB (50m pool): 01:49.54 SportinGenk Park 11/11/2025 **PB (25m pool):** 01:41.27 **SB:** no time

	5 0 M	1 0 0 M	
PB	no time	01:49.54	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11-14 — Heat:4, starttime: 09:08

Heat: 4/4 Lane : 2 Athlete: CUYPERS MAXIME — **Q-time: 01:31:74**

PB (50m pool): 01:31.74 SportinGenk Park 06/04/2026 **PB (25m pool):** 01:28.51 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:42.94	01:31.74	
	00:42.94	*00:48.80*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 2: 100M BREASTSTROKE WOMEN 11-14 — Heat:2, starttime: 09:13

Heat: 2/4 Lane : 5 Athlete: LBALI ALISA-SARA — **Q-time: 01:47:16**

PB (50m pool): 01:39.51 Antwerpen 12/07/2026 **PB (25m pool):** 01:39.80 **SB:** no time

	50 M	100 M	
PB	00:47.03	01:39.51	
	00:47.03	*00:52.48*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11-14 — Heat:2, starttime: 09:13

Heat: 2/4 Lane : 7 Athlete: BERGHMANS LAUREN — **Q-time: 01:52:87**

PB (50m pool): 01:52.87 SportinGenk Park 11/11/2025 **PB (25m pool):** 01:46.43 **SB:** no time

	50 M	100 M	
PB	no time	01:52.87	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11-14 — Heat:3, starttime: 09:16

Heat: 3/4 Lane : 4 Athlete: GABRIëLS AMELIA — **Q-time: 01:38:16**

PB (50m pool): 01:38.16 Antwerpen 15/03/2026 **PB (25m pool):** 01:35.34 **SB:** no time

	50 M	100 M	
PB	00:47.33	01:38.16	
	00:47.33	*00:50.83*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11-14 — Heat:4, starttime: 09:18

Heat: 4/4 Lane : 2 Athlete: DREESSEN LYANA — **Q-time: 01:31:85**

PB (50m pool): 01:31.85 Genk 01/02/2026 **PB (25m pool):** 01:26.86 **SB:** no time

	50 M	100 M	
PB	00:43.36	01:31.85	
	00:43.36	*00:48.49*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:1, starttime: 09:20

Heat: 1/6 Lane : 3 Athlete: CAENEPEEL ROCCO — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:1, starttime: 09:20

Heat: 1/6 Lane : 4 Athlete: CAENEPEEL CASPER — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:1, starttime: 09:20

Heat: 1/6 Lane : 5 Athlete: BOGAERTS JONAS — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** 02:01.23 **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 09:23

Heat: 2/6 Lane : 3 Athlete: OTTO ALISA — **Q-time: 02:19:79**

PB (50m pool): 02:19.79 SportinGenk Park 06/04/2026 **PB (25m pool):** 02:07.77 **SB:** no time

	50 M	100 M	
PB	01:06.93	02:19.79	
	01:06.93	*01:12.86*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 09:23

Heat: 2/6 Lane : 4 Athlete: EL MASSAOUDI ADAM — **Q-time: 02:15:28**

PB (50m pool): no time **PB (25m pool):** 02:10.57 **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 09:23

Heat: 2/6 Lane : 6 Athlete: CAENEPEEL FELIX — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:4, starttime: 09:29

Heat: 4/6 Lane : 7 Athlete: BROUWERS MATHIEU — **Q-time: 02:00:61**

PB (50m pool): 02:00.61 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:51.22 **SB:** no time

	50 M	100 M	
PB	00:56.09	02:00.61	
	00:56.09	*01:04.52*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 09:35

Heat: 6/6 Lane : 2 Athlete: JAEKEN STAN — **Q-time: 01:45:66**

PB (50m pool): 01:45.66 SportinGenk Park 06/04/2026 **PB (25m pool):** 01:39.17 **SB:** no time

	50 M	100 M	
PB	00:51.19	01:45.66	
	00:51.19	*00:54.47*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 09:35

Heat: 6/6 Lane : 3 Athlete: ZGHIBAT HAARITH — **Q-time: 01:45:42**

PB (50m pool): 01:45.42 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:40.35 **SB:** no time

	50 M	100 M	
PB	00:49.65	01:45.42	
	00:49.65	*00:55.77*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9 — Heat:6, starttime: 09:35

Heat: 6/6 Lane : 5 Athlete: OLAERTS FLORIS — **Q-time: 01:45:26**

PB (50m pool): 01:45.26 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:34.36 **SB:** no time

	50 M	100 M	
PB	00:48.98	01:45.26	
	00:48.98	*00:56.28*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN 11-14 — Heat:1, starttime: 09:37

Heat: 1/3 Lane : 2 Athlete: QUENIS ROB — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** 01:39.84 **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN 11-14 — Heat:1, starttime: 09:37

Heat: 1/3 Lane : 4 Athlete: CHRISTIAENS GIEL — **Q-time: 01:43:91**

PB (50m pool): 01:36.65 Antwerpen 12/07/2026 **PB (25m pool):** 01:35.52 **SB:** no time

	50 M	100 M	
PB	00:46.71	01:36.65	
	00:46.71	*00:49.94*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 4: 100M BACKSTROKE MEN 11-14 — Heat:2, starttime: 09:40

Heat: 2/3 Lane : 3 Athlete: PANNEMANS WOUTER — **Q-time: 01:32:13**

PB (50m pool): 01:32.13 Antwerpen 15/03/2026 **PB (25m pool):** 01:35.21 **SB:** no time

	50 M	100 M	
PB	00:44.41	01:32.13	
	00:44.41	*00:47.72*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN 11-14 — Heat:2, starttime: 09:40

Heat: 2/3 Lane : 4 Athlete: ILGAZ EMRE — **Q-time: 01:31:60**

PB (50m pool): 01:31.60 SportinGenk Park 11/11/2025 **PB (25m pool):** 01:24.14 **SB:** no time

	50 M	100 M	
PB	no time	01:31.60	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN 11-14 — Heat:2, starttime: 09:40

Heat: 2/3 Lane : 6 Athlete: KäHLER MATHIAS — **Q-time: 01:33:09**

PB (50m pool): 01:33.09 SportinGenk Park 06/04/2026 **PB (25m pool):** 01:26.66 **SB:** no time

	50 M	100 M	
PB	00:45.02	01:33.09	
	00:45.02	*00:48.07*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN 11-14 — Heat:3, starttime: 09:43

Heat: 3/3 Lane : 6 Athlete: VANRUSSELT RAFAëL — **Q-time: 01:26:05**

PB (50m pool): 01:24.22 Antwerpen 19/07/2026 **PB (25m pool):** 01:21.97 **SB:** no time

	50 M	100 M	
PB	00:40.72	01:24.22	
	00:40.72	*00:43.50*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 5: 100M BACKSTROKE WOMEN 11-14 — Heat:1, starttime: 09:45

Heat: 1/3 Lane : 3 Athlete: LBALI ALISA-SARA — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** 01:38.36 **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11-14 — Heat:2, starttime: 09:48

Heat: 2/3 Lane : 3 Athlete: GABRIëLS AMELIA — **Q-time: 01:28:61**

PB (50m pool): 01:28.61 Antwerpen 15/03/2026 **PB (25m pool):** 01:26.63 **SB:** no time

	50 M	100 M	
PB	00:43.68	01:28.61	
	00:43.68	*00:44.93*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11-14 — Heat:2, starttime: 09:48

Heat: 2/3 Lane : 4 Athlete: RATSITSKA IRINI — **Q-time: 01:27:48**

PB (50m pool): 01:26.17 Antwerpen 12/07/2026 **PB (25m pool):** 01:24.60 **SB:** no time

	50 M	100 M	
PB	00:41.45	01:26.17	
	00:41.45	*00:44.72*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11-14 — Heat:2, starttime: 09:48

Heat: 2/3 Lane : 5 Athlete: BERGHMANS LAUREN — **Q-time: 01:27:56**

PB (50m pool): 01:27.07 Antwerpen 12/07/2026 **PB (25m pool):** 01:24.37 **SB:** no time

	50 M	100 M	
PB	00:42.73	01:27.07	
	00:42.73	*00:44.34*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 5: 100M BACKSTROKE WOMEN 11-14 — Heat:2, starttime: 09:48

Heat: 2/3 Lane : 6 Athlete: VANHAEN ALESSIA — **Q-time: 01:30:23**

PB (50m pool): 01:28.68 Antwerpen 12/07/2026 **PB (25m pool):** 01:26.48 **SB:** no time

	50 M	100 M	
PB	00:42.70	01:28.68	
	00:42.70	*00:45.98*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11-14 — Heat:3, starttime: 09:51

Heat: 3/3 Lane : 3 Athlete: VANHEES HANNAH — **Q-time: 01:20:86**

PB (50m pool): 01:19.95 Antwerpen 19/07/2026 **PB (25m pool):** 01:13.77 **SB:** no time

	50 M	100 M	
PB	00:38.14	01:19.95	
	00:38.14	*00:41.81*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BACKSTROKE MIXED 10-9 — Heat:1, starttime: 09:53

Heat: 1/1 Lane : 1 Athlete: PUTTEVILS STELLA — **Q-time: 01:54:95**

PB (50m pool): 01:54.95 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:55.84 **SB:** no time

	50 M	100 M	
PB	00:56.35	01:54.95	
	00:56.35	*00:58.60*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BACKSTROKE MIXED 10-9 — Heat:1, starttime: 09:53

Heat: 1/1 Lane : 4 Athlete: LOPEZ Y LOPEZ LEóN — **Q-time: 01:27:74**

PB (50m pool): 01:27.74 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:24.85 **SB:** no time

	50 M	100 M	
PB	00:43.95	01:27.74	
	00:43.95	*00:43.79*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 6: 100M BACKSTROKE MIXED 10-9 — Heat:1, starttime: 09:53

Heat: 1/1 Lane : 8 Athlete: DAEMEN LIONEL — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** 01:47.92 **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11-14 — Heat:1, starttime: 09:55

Heat: 1/2 Lane : 5 Athlete: VANDEBROUCK ARNO — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11-14 — Heat:2, starttime: 09:58

Heat: 2/2 Lane : 1 Athlete: POORTERS ARNE — **Q-time: 01:31:70**

PB (50m pool): 01:31.70 Düsseldorf 14/12/2025 **PB (25m pool):** 01:27.24 **SB:** no time

	50 M	100 M	
PB	no time	01:31.70	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11-14 — Heat:2, starttime: 09:58

Heat: 2/2 Lane : 2 Athlete: CUYPERS MAXIME — **Q-time: 01:24:12**

PB (50m pool): 01:24.12 Eindhoven 28/06/2026 **PB (25m pool):** 01:21.66 **SB:** no time

	50 M	100 M	
PB	00:39.31	01:24.12	
	00:39.31	*00:44.81*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 8: 100M BUTTERFLY WOMEN 11-14 — Heat:2, starttime: 10:02

Heat: 2/2 Lane : 2 Athlete: VANHEES HANNAH — **Q-time: 01:24:34**

PB (50m pool): 01:22.19 Antwerpen 19/07/2026 **PB (25m pool):** 01:18.27 **SB:** no time

	50 M	100 M	
PB	00:38.31	01:22.19	
	00:38.31	*00:43.88*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BUTTERFLY WOMEN 11-14 — Heat:2, starttime: 10:02

Heat: 2/2 Lane : 7 Athlete: DREESSEN LYANA — **Q-time: 01:31:56**

PB (50m pool): 01:30.71 Antwerpen 12/07/2026 **PB (25m pool):** 01:26.95 **SB:** no time

	50 M	100 M	
PB	00:40.80	01:30.71	
	00:40.80	*00:49.91*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY MIXED 10-9 — Heat:2, starttime: 10:06

Heat: 2/3 Lane : 5 Athlete: TORDEUR ROMI — **Q-time: 00:59:91**

PB (50m pool): 00:59.91 SportinGenk Park 06/04/2026 **PB (25m pool):** 01:00.97 **SB:** no time

	50 M	
PB	00:59.91	
	00:59.91	
	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY MIXED 10-9 — Heat:2, starttime: 10:06

Heat: 2/3 Lane : 6 Athlete: BROUWERS MATHIEU — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	
PB	no time	
	no time	
	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 9: 50M BUTTERFLY MIXED 10-9 — Heat:3, starttime: 10:08

Heat: 3/3 Lane : 4 Athlete: LOPEZ Y LOPEZ LEóN — **Q-time: 00:37:89**

PB (50m pool): 00:37.89 SportinGenk Park 06/04/2026 **PB (25m pool):** 00:39.06 **SB:** no time

	50M
PB	00:37.89
	00:37.89
	. . : . . : . .

Coach feedback:

Event number: 9: 50M BUTTERFLY MIXED 10-9 — Heat:3, starttime: 10:08

Heat: 3/3 Lane : 5 Athlete: ZGHIBAT HAARITH — **Q-time: 00:43:07**

PB (50m pool): 00:43.07 SportinGenk Park 06/04/2026 **PB (25m pool):** no time **SB:** no time

	50M
PB	00:43.07
	00:43.07
	. . : . . : . .

Coach feedback:

Event number: 9: 50M BUTTERFLY MIXED 10-9 — Heat:3, starttime: 10:08

Heat: 3/3 Lane : 8 Athlete: CASTRONOVO VINZ — **Q-time: 00:47:94**

PB (50m pool): 00:47.94 SportinGenk Park 06/04/2026 **PB (25m pool):** no time **SB:** no time

	50M
PB	00:47.94
	00:47.94
	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11-14 — Heat:1, starttime: 10:25

Heat: 1/2 Lane : 4 Athlete: ILGAZ EMRE — **Q-time: 03:21:21**

PB (50m pool): 03:21.21 SportinGenk Park 11/11/2025 **PB (25m pool):** 02:59.24 **SB:** no time

	50M	100M	150M	200M
PB	no time	no time	no time	03:21.21
	no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 10: 200M MEDLEY MEN 11-14 — **Heat:1, starttime: 10:25**

Heat: 1/2 Lane : 5 Athlete: PANNEMANS WOUTER — **Q-time: 03:23:52**

PB (50m pool): 03:23.52 SportinGenk Park 11/11/2025 **PB (25m pool):** 03:19.99 **SB:** no time

	50M	100M	150M	200M	
PB	no time	no time	no time	03:23.52	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11-14 — **Heat:1, starttime: 10:25**

Heat: 1/2 Lane : 6 Athlete: VANDEBROUCK ARNO — **Q-time: 03:34:46**

PB (50m pool): 03:34.46 SportinGenk Park 24/05/2026 **PB (25m pool):** 03:19.55 **SB:** no time

	50M	100M	150M	200M	
PB	00:48.97	01:41.88	02:45.28	03:34.46	
	00:48.97	*00:52.91*	*01:03.40*	*00:49.18*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11-14 — **Heat:1, starttime: 10:25**

Heat: 1/2 Lane : 8 Athlete: CHRISTIAENS GIEL — **Q-time: 99:99:99**

PB (50m pool): 03:28.03 Antwerpen 12/07/2026 **PB (25m pool):** 03:24.88 **SB:** no time

	50M	100M	150M	200M	
PB	00:49.09	01:42.24	02:40.54	03:28.03	
	00:49.09	*00:53.15*	*00:58.30*	*00:47.49*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11-14 — **Heat:2, starttime: 10:29**

Heat: 2/2 Lane : 1 Athlete: POORTERS ARNE — **Q-time: 03:15:91**

PB (50m pool): 03:12.67 Antwerpen 12/07/2026 **PB (25m pool):** 03:03.52 **SB:** no time

	50M	100M	150M	200M	
PB	00:43.52	01:36.04	02:30.26	03:12.67	
	00:43.52	*00:52.52*	*00:54.22*	*00:42.41*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 10: 200M MEDLEY MEN 11-14 — Heat:2, starttime: 10:29

Heat: 2/2 Lane : 2 Athlete: VANRUSSELT RAFAëL — **Q-time: 03:07:84**

PB (50m pool): 03:04.47 Antwerpen 19/07/2026 **PB (25m pool):** 02:53.91 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:39.98	01:27.52	02:22.20	03:04.47	
	00:39.98	*00:47.54*	*00:54.68*	*00:42.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11-14 — Heat:2, starttime: 10:29

Heat: 2/2 Lane : 6 Athlete: KäHLER MATHIAS — **Q-time: 03:07:23**

PB (50m pool): 03:07.23 SportinGenk Park 24/05/2026 **PB (25m pool):** 02:56.66 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:41.78	01:32.01	02:27.80	03:07.23	
	00:41.78	*00:50.23*	*00:55.79*	*00:39.43*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 200M MEDLEY WOMEN 11-14 — Heat:2, starttime: 10:37

Heat: 2/3 Lane : 1 Athlete: LBALI ALISA-SARA — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** 03:22.83 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 200M MEDLEY WOMEN 11-14 — Heat:2, starttime: 10:37

Heat: 2/3 Lane : 3 Athlete: VANHAEN ALESSIA — **Q-time: 03:20:04**

PB (50m pool): 03:20.04 SportinGenk Park 24/05/2026 **PB (25m pool):** 03:06.20 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:41.76	01:31.12	02:34.45	03:20.04	
	00:41.76	*00:49.36*	*01:03.33*	*00:45.59*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 11: 200M MEDLEY WOMEN 11-14 — **Heat:3, starttime: 10:41**

Heat: 3/3 Lane : 1 Athlete: DREESSEN LYANA — **Q-time: 03:06:14**

PB (50m pool): 03:06.14 Genk 01/02/2026 **PB (25m pool):** 02:53.38 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:40.93	01:31.40	02:23.09	03:06.14	
	00:40.93	*00:50.47*	*00:51.69*	*00:43.05*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 200M MEDLEY WOMEN 11-14 — **Heat:3, starttime: 10:41**

Heat: 3/3 Lane : 6 Athlete: VANHEES HANNAH — **Q-time: 02:53:80**

PB (50m pool): 02:49.21 Antwerpen 19/07/2026 **PB (25m pool):** 02:41.34 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:36.82	01:20.18	02:11.43	02:49.21	
	00:36.82	*00:43.36*	*00:51.25*	*00:37.78*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 200M MEDLEY WOMEN 11-14 — **Heat:3, starttime: 10:41**

Heat: 3/3 Lane : 7 Athlete: RATSITSKA IRINI — **Q-time: 03:05:88**

PB (50m pool): 03:05.88 Eindhoven 28/06/2026 **PB (25m pool):** 03:00.90 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:41.37	01:31.74	02:25.33	03:05.88	
	00:41.37	*00:50.37*	*00:53.59*	*00:40.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 200M MEDLEY WOMEN 11-14 — **Heat:3, starttime: 10:41**

Heat: 3/3 Lane : 8 Athlete: GABRIëLS AMELIA — **Q-time: 03:07:52**

PB (50m pool): 03:07.52 Antwerpen 13/07/2025 **PB (25m pool):** 02:58.31 **SB:** no time

	50 M	100 M	150 M	200 M	
PB	00:37.41	01:25.28	02:22.33	03:07.52	
	00:37.41	*00:47.87*	*00:57.05*	*00:45.19*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 12: 100M FREESTYLE MIXED 10-9 **Heat:1, starttime: 10:45**

Heat: 1/7 Lane : 2 Athlete: DAEMEN LIONEL **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** 01:34.86 **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9 **Heat:1, starttime: 10:45**

Heat: 1/7 Lane : 4 Athlete: CAENEPEEL ROCCO **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9 **Heat:1, starttime: 10:45**

Heat: 1/7 Lane : 5 Athlete: CAENEPEEL FELIX **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9 **Heat:1, starttime: 10:45**

Heat: 1/7 Lane : 6 Athlete: CAENEPEEL CASPER **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 12: 100M FREESTYLE MIXED 10-9 — Heat:2, starttime: 10:48

Heat: 2/7 Lane : 1 Athlete: OTTO ALISA — **Q-time: 02:00:09**

PB (50m pool): 02:00.09 SportinGenk Park 06/04/2026 **PB (25m pool):** 01:55.39 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:55.62	02:00.09	
	00:55.62	*01:04.47*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9 — Heat:2, starttime: 10:48

Heat: 2/7 Lane : 5 Athlete: EL MASSAOUDI ADAM — **Q-time: 01:54:43**

PB (50m pool): no time **PB (25m pool):** 01:40.32 **SB:** no time

	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9 — Heat:3, starttime: 10:50

Heat: 3/7 Lane : 3 Athlete: PUTTEVILS STELLA — **Q-time: 01:44:27**

PB (50m pool): 01:44.27 SportinGenk Park 06/04/2026 **PB (25m pool):** 01:36.93 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:45.97	01:44.27	
	00:45.97	*00:58.30*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9 — Heat:3, starttime: 10:50

Heat: 3/7 Lane : 7 Athlete: BOGAERTS JONAS — **Q-time: 01:46:79**

PB (50m pool): 01:46.79 SportinGenk Park 06/04/2026 **PB (25m pool):** 01:38.94 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:50.26	01:46.79	
	00:50.26	*00:56.53*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 12: 100M FREESTYLE MIXED 10-9 — Heat:4, starttime: 10:53

Heat: 4/7 Lane : 2 Athlete: TORDEUR ROMI — **Q-time: 01:41:67**

PB (50m pool): 01:41.67 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:35.24 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:47.41	01:41.67	
	00:47.41	*00:54.26*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9 — Heat:5, starttime: 10:55

Heat: 5/7 Lane : 5 Athlete: CASTRONOVO VINZ — **Q-time: 01:35:70**

PB (50m pool): 01:35.70 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:29.74 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:43.80	01:35.70	
	00:43.80	*00:51.90*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9 — Heat:6, starttime: 10:58

Heat: 6/7 Lane : 6 Athlete: JAEKEN STAN — **Q-time: 01:30:02**

PB (50m pool): 01:30.02 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:26.09 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:42.80	01:30.02	
	00:42.80	*00:47.22*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 12: 100M FREESTYLE MIXED 10-9 — Heat:7, starttime: 11:00

Heat: 7/7 Lane : 1 Athlete: OLAERTS FLORIS — **Q-time: 01:25:36**

PB (50m pool): 01:25.36 SportinGenk Park 24/05/2026 **PB (25m pool):** 01:18.28 **SB:** no time

	5 0 M	1 0 0 M	
PB	00:39.95	01:25.36	
	00:39.95	*00:45.41*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 13: 100M FREESTYLE MEN 11-14 — **Heat:1, starttime: 11:02**

Heat: 1/4 Lane : 3 Athlete: QUENIS ROB — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** 01:30.66 **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11-14 — **Heat:1, starttime: 11:02**

Heat: 1/4 Lane : 7 Athlete: CONINX GUY — **Q-time: 99:99:99**

PB (50m pool): no time **PB (25m pool):** no time **SB:** no time

	50 M	100 M	
PB	no time	no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11-14 — **Heat:2, starttime: 11:05**

Heat: 2/4 Lane : 7 Athlete: CHRISTIAENS GIEL — **Q-time: 01:33:64**

PB (50m pool): 01:26.88 Antwerpen 12/07/2026 **PB (25m pool):** 01:26.03 **SB:** no time

	50 M	100 M	
PB	00:40.93	01:26.88	
	00:40.93	*00:45.95*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11-14 — **Heat:3, starttime: 11:07**

Heat: 3/4 Lane : 1 Athlete: KäHLER MATHIAS — **Q-time: 01:18:59**

PB (50m pool): 01:13.26 Antwerpen 19/07/2026 **PB (25m pool):** 01:11.71 **SB:** no time

	50 M	100 M	
PB	00:34.90	01:13.26	
	00:34.90	*00:38.36*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 13: 100M FREESTYLE MEN 11-14 — Heat:3, starttime: 11:07

Heat: 3/4 Lane : 7 Athlete: VANRUSSELT RAFAëL — **Q-time: 01:18:39**

PB (50m pool): 01:15.41 Antwerpen 19/07/2026 **PB (25m pool):** 01:11.64 **SB:** no time

	50 M	100 M	
PB	00:35.56	01:15.41	
	00:35.56	*00:39.85*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11-14 — Heat:4, starttime: 11:09

Heat: 4/4 Lane : 2 Athlete: CUYPERS MAXIME — **Q-time: 01:08:81**

PB (50m pool): 01:08.81 Antwerpen 15/03/2026 **PB (25m pool):** 01:06.60 **SB:** no time

	50 M	100 M	
PB	00:33.53	01:08.81	
	00:33.53	*00:35.28*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11-14 — Heat:3, starttime: 11:16

Heat: 3/5 Lane : 5 Athlete: BERGHMANS LAUREN — **Q-time: 01:17:69**

PB (50m pool): 01:13.44 Antwerpen 12/07/2026 **PB (25m pool):** 01:14.20 **SB:** no time

	50 M	100 M	
PB	00:35.34	01:13.44	
	00:35.34	*00:38.10*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M FREESTYLE WOMEN 11-14 — Heat:3, starttime: 11:16

Heat: 3/5 Lane : 8 Athlete: VANHAEN ALESSIA — **Q-time: 01:21:21**

PB (50m pool): 01:18.78 Antwerpen 12/07/2026 **PB (25m pool):** 01:13.69 **SB:** no time

	50 M	100 M	
PB	00:37.13	01:18.78	
	00:37.13	*00:41.65*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Jeugdcriterium GZVN: Session: 1: COACH evaluation sheet for TEAM: GZVN

Event number: 14: 100M FREESTYLE WOMEN 11-14	Heat:5, starttime: 11:20
Heat: 5/5 Lane : 1 Athlete: RATSITSKA IRINI	**Q-time: 01:12:26**

PB (50m pool): 01:11.41 Antwerpen 12/07/2026 **PB (25m pool):** 01:09.52 **SB:** no time

	50 M	100 M	
PB	00:34.04	01:11.41	
	00:34.04	*00:37.37*	
	. . : . . : . .	. . : . . : . .	

Coach feedback: